

Breakfast



(All breakfasts are served with a choice of white, brown or low G.I. health bread*. Eggs can be fried or scrambled)

Mini Breakfast ~ One egg, bacon, grilled tomato and toast	36
Garden Breakfast ~ Two eggs, bacon, mini pork sausage, grilled tomato and toast	48
Farmhouse ~ Two eggs, bacon, mini pork sausage, grilled tomato, mushrooms, chips & toast	54
Vegetarian (V) ~ Two eggs, mushrooms, grilled tomato, chips, grilled onion, grilled halloumi & toast	54
Mince on Toast ~ topped with a fried egg	52
Health Bowl (V) ~ Fresh seasonal fruit with plain yoghurt and honey (- add Muesli: Extra R10)	48
Fresh Paw Paw (V) ~ Topped with Greek yoghurt, honey and toasted almonds	58
Low G.I Toast ~ With Anchovy & sliced tomato	34
Low G.I Toast ~ Sliced avocado with rocket & lemon	42

Special Breakfast



French Toast ~ with crispy bacon & syrup	52
Rye Toast ~ topped with 2 Poached Eggs, crispy bacon, avo & rocket	58
Scrambled Eggs ~ topped with smoked salmon, cream cheese and spring onion	64
Eggs Benedict ~ Two poached eggs with country ham served on English muffins topped with bechamel sauce	72
Breakfast Tramezzini ~ Toasted pita filled with mozzarella, scrambled eggs, bacon & grilled baby tomatoes	65
Omelette (served with toast) ~ Choice of 2 fillings: cheddar, ham, bacon, mushroom, cherry tomato, rocket, chilli or Danish feta	64
Omelette (served with toast) ~ Smoked Salmon & cream cheese	72

Toasted Sandwiches



(Choice of white, brown or rye bread - Served with chips.) (V)

Cheddar & Tomato (V)	38
----------------------	----

Cheddar & Mushroom (V)	39
------------------------	----

Ham, Cheese & Tomato	43
----------------------	----

Bacon & Egg	45
-------------	----

Bacon & Banana	44
----------------	----

Chicken Mayo	45
--------------	----

Chicken Mayo & Peri-peri	47
--------------------------	----

Beef Curry	62
------------	----

Deboned Lamb Curry	72
--------------------	----

Mitchell Park Special ~ Bacon, Chicken mayo, cheese, lettuce and tomato on rye	59
--	----

Open Sandwiches



(Served on low G.I. health bread)

Bacon & Avo	59
Camembert, Bacon, Onion Marmalade & Rocket	64
Smoked Salmon & Cream Cheese	68
Grilled Chicken ~ with avo, basil pesto, baby roast tomato & rocket	65
Chicken Mayo, Avo & Rocket	56
Cajun Chicken & Avo	60
Mozzarella, Tomato, Basil Pesto, Avo & Rocket	59

Wraps



All served with a fresh side garden salad

Grilled chicken, Avo, Toasted Baby Tomato, Basil Pesto & Rocket	74
---	----

Smoked Salmon, Avo & Cream Cheese	79
-----------------------------------	----

Bacon, Avo & Feta	69
-------------------	----

Roasted Veg, Avo, Feta & Pesto (V)	68
------------------------------------	----

Lamb, Tsasiki, Avo & Mint	72
---------------------------	----

Halloumi cheese, Hummus & Rocket with Toasted Pine Nuts (V)	69
---	----

Salads



(Our salads have a base of mixed lettuce, cucumber, spring onion and cherry tomato)

Greek Salad ~ with creamy feta and olives	58
Gorgonzola, Pear & Candied Walnuts (V) ~ with balsamic vinaigrette	68
Smoked Salmon ~ with capers, cream cheese and avo	74
Cajun Chicken and Avo ~ Spicy blackened chicken with avo topped with a mango-lime chilli dressing	68
Prawn and Avo ~ Topped with prawn tails & a creamy balsamic dressing	72
Chef's Salad ~ Topped with cheddar cheese, bacon bits, boiled egg & a Caesar dressing	65
Roast Butternut & Feta (V) ~ Topped with pumpkin seeds, coriander & a balsamic vinaigrette (Add grilled chicken: Extra R16)	64

Cafe Starters



Deep Fried Camembert (V) ~ Served with cranberry sauce & rocket	58
Chicken Livers ~ Sautéed in a light peri-peri and coriander sauce, served with garlic crostini	54
Grilled Calamari ~ With fresh lemon & garlic butter	59
Deep fried Calamari ~ With a sweet chili dipping sauce	66
Spinach and Feta Crepe (V) ~ With a fresh tomato and basil sauce	58
Creamy Chicken Peri-Peri Crepe ~ With coriander & salsa	59

Blue Zoo Specialities



Chicken Dijon ~ Chicken breast medallions sautéed in garlic & mushrooms in a creamy Dijon mustard sauce	89
Fresh grilled Linefish	SQ
Grilled Calamari ~ with fresh lemon & garlic butter	99
Blue Zoo Fillet ~ 250g medallion cooked in a white wine, prawn, mushroom & cream sauce	139
Avo & Feta Fillet ~ Topped with tomato salsa, avo & Danish feta	135
Lamb Shank ~ "The best" roasted in a port wine sauce	140
Duck a l'orange ~ Half crispy duck, charred & filleted, in a sherry-brandy & orange sauce	139

Pastas



Penne Arrabiata (V) ~ Fresh tomato and basil sauce with fresh chilli	64
Penne Alfredo ~ Mushrooms, ham, Parmesan & cream	74
Chicken Alfredo ~ Mushrooms, grilled chicken, Parmesan & cream	76
Parmesan Chicken Penne ~ Tossed with basil, pesto roasted baby tomatoes, Parmesan & rocket	79
Penne Gamberi ~ Fresh tomato and basil sauce with prawn tails, cream & chilli	89
Pesto prawn Penne ~ Tossed with roasted baby tomatoes, basil pesto, parmesan, rocket & chilli	89
Roast Butternut & Gorgonzola ~ Topped with pine nuts & rocket (Add grilled chicken: Extra R16)	82

Our Famous Curries



(Prepared with authentic herbs and spices served with rice and sambals)

Chicken (deboned)

85

Chicken and Prawn

99

Deboned Lamb

99

Beef

89

Burgers



(All served with chips)

Beef Burgers

Traditional	54
Cheese	59
Cheese & Mushroom	64
Bacon & Egg	69

Gourmet

Topped with cheese, bacon and avo & rocket	75
--	----

Chicken Burgers

Grilled chicken fillet	56
Pepperdew, avo, feta & rocket	69
Camembert, avo, onion marmalade & rocket	72
Crumbed chicken fillet	

Light Meals



Quiche of the Day ~ Served with a side Greek salad	65
Chicken Fingers ~ Crumbed chicken strips with a BBQ dipping sauce & fries	58
Fish and Chips ~ Our famous grilled hake with a fresh lemon sauce	69
Pie of the Day ~ With gravy and fries	66
Steak Sarmie ~ 150g fillet with pesto, garlic mayo & fries	79

Tramezzini



Vegetarian (V) - Olives, feta, spinach & mushrooms	59
--	----

Bacon, Avo, Spinach & Feta	62
----------------------------	----

Cajun chicken & Avo	62
---------------------	----

Chicken mayo & Peri-Peri	62
--------------------------	----

Beef Curry with chutney and sambals	69
-------------------------------------	----

Deboned Lamb Curry with chutney & sambals	79
---	----

Sweet Treats



Scones	Home baked, with strawberry jam and cream	24
Fruit Salad & Ice Cream		38
Ice Cream & Chocolate Sauce		35
Apple Crumble		42
Lemon Meringue		39
Cheese Cake		39
Cake of the Day		42
Waffles	~ Syrup with Cream or Ice cream	36
Waffles	~ Grilled Banana and Ice cream	39