



bread



burgers



cake



wine

coffee



beer

Breakfast

Michaels Breakfast

69

2 eggs, bacon, breakfast sausage (pork or beef), fried tomato, sauteed mushrooms with a slice of toast. add R4 extra for rye

Norwegian breakfast

96

2 eggs avo (seasonal) & smoked salmon with cream cheese, served with 2 Slices of toasted 100% rye,

Farmhouse

78

2 eggs, 2 rashers of bacon, sausage of choice, mushrooms grilled tomato, baked beans & fries with a slice toast

Rossini (V)

59

Eggs scrambled with danish feta, roasted mixed peppers, chives, avocado (seasonal) with health bread

Benedict

59 / 89

Toasted english muffin topped with 2 poached eggs, laced with hollandaise sauce

Bacon:

Salmon: served with wilted spinach.

French Toast

52

served with bacon cinnamon fried banana and syrup

Health Breakfast

52

Plain yogurt, with dried fruit, nuts & seed muesli & fresh seasonal fruit salad

On The Go

40

1 Egg (fried or poached) bacon fried tomato with a slice of toast. add R4 extra for rye

Freshly baked croissant with:

Preserves

22

Cheese & preserves

32

Pancakes:

Banana & Chocolate

40

Cinnamon & Sugar

33

Savoury mince

52

Omelettes

The Beast

69

Sausage, Peppers, mushrooms, bacon, feta and cheddar cheese

The Mexican

65

Minced beef, a dash salsa sauce, mixed peppers, Jalepeno and cheddar cheese

Design your own breakfast

A Slice of toast.	5	Baked beans.	9
2 slices of health bread or 100% rye bread.	10	Banana	9
Feta cheese.	15	Omelette	24
French fries half portion.	10	english muffin	10
Fried tomato.	7	Egg (fried, scrambled or poached)	8
Grilled mushrooms.	15	Bacon	19
Savoury seasoned ground beef in a salsa sauce.	28	Beef or pork traditional banger.	12
Avocado (seasonal).	SQ	Cheddar cheese	15
Hollandaise sauce.	15	Mozzarella	18
Basil pesto.	10		

Freshly pressed juices

28

Detox (cucumber, apple, mint, ginger)

Power (apple, beetroot, carrot, ginger)

Cloudy Apple





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Drinks

Hot beverages

	Short	Large
Filter	13	17
Espresso	14	17
Americano	17	20
Cappucino	19	22
Macchiato	16	19
Cafe latte	19	22
Choccocino	19	25
Gourmet hot chocolate		28
Gourmet white hot chocolate		28
Melts dark choc on a stick		35
Hot chocolate	18	22
Ceylon tea		15
Rooibos tea		15
Chai tea	18	22
Earl Grey pot		16
Green mint tea		16
Red cappucino	20	24
Red Espresso	14	18
Hot water and lemon	6	

Freez-o-cinos

Iced frappe latte	32
Iced chai latte	32

Freshly pressed juices

Cloudy apple	28
Detox (cucumber, apple, mint, ginger)	30
Power (apple, beetroot, carrot, ginger)	30

Adults only

	Single	Double
Dom pedro		
Jamesons	38	49
Fangelico	38	49
Kalua	38	49
Amarula	38	49
Irish coffee	34	45

Extras; cream, honey

8

Cold beverages

Variety of 100% fruit juice	20
Soda (Coke, Fanta, Sprite)	16
Imported sodas	21
Tizers and Bos ice tea	19
Valpre still and sparkling	15
Snapple	32

Arizona ice teas

Pomergranate	39
Mandarin orange	39
Blueberry	39

Milkshakes

Choc, Starwberry, Vanilla	26
Banana & Peanut butter	34
Coffee	34
Chai	34
Choc Mint	34
Oreo	34
Creme Brule	34
Milo	34
Horlicks	34
Mango	34

Smoothies

Banana & peanut butter	36
Strawberry	36
Berry blaze	36
Mango	36



Good vibrations



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Bar

White wines

	Glass	Bottle
Allée Bleue Starlette Blanc	30	96
Allée Bleue Chenin Blanc	---	135
Allée Bleue Isabeau	---	189
Ataraxia Chardonnay	---	329
Ataraxia Sauvignon Blanc	---	179
Boshkloof Chardonnay	---	159
Fairview Sauvignon Blanc	40	124
Goats Do Roam	34	105
La Capra Chenin Blanc	34	105
La Capra Sauvignon Blanc	31	96
La Capra Chardonnay	35	107
Lands End Sauvignon Blanc	---	160
House white	28	---
Napier Chenin Blanc Reserve	---	145

Red wines

	Glass	Bottle
Allée Bleue Starlette Pinotage	38	120
Allée Bleue Starlette Rouge	34	99
Ataraxia Serenity	---	245
Boschkloof Merlot	---	170
Boschkloof Cab Sav	---	179
Bowwood Cab Sav/Merlot	---	230
Goats Do Roam	38	115
La Capra Pinotage	40	107
La Capra Merlot	34	107
La Capra Shiraz	34	105
La Capra Cabernet Sauvignon	31	107
House red	28	---
Six Hats shiraz/ cab sav	---	90

Rose' wines

	Glass	Bottle
House Rosé	28	---
Allée Bleue Shiraz Rosé	32	96
La Capra Pinotage Rosé	---	96

Sparkling wines

	Glass	Bottle
Allée Bleue MCC Brut	---	239
Allée Bleue MCC Brut Rosé	---	189
JC Le Roux	---	86

Beers on tap

	250ml	500ml
Amstel	23	28
Castle	20	25
Windhoek	23	28

Beers / Ciders

	Bottle
Amstel	22
Bavaria // 0%	32
Becks // 0%	32
Black label	20
Castle larger	20
Castle lite	22
CBC amber weiss	32
CBC krystal weiss	32
Corona	30
Dragon firey ginger beer	30
Eversons cider	32
Heiniken	22
Hansa	20
Harfield brewries	30
Hunters dry	22
Lakeside london ale	32
Millers	22
Peroni	26
Savanna dry	25
Windhoek larger	22
Windhoek lite	22
Windhoek draught	25

Spirits

	Single	Double
Absolute vodka	20	34
Bacardi white rum	20	30
Bells	22	38
Bombay Sapphire gin	24	40
Captain Morgan spiced rum	20	30
Gordons dry gin	22	34
Jose Guervo gold	23	40
Klipdrift	21	34
KWV // 3 year	23	38
Jack Daniels	26	40
Jamesons	26	40
Jonny Walker black	30	56
Jonny Walker red	23	36
J & B	23	38
Olmecca tequila silver	23	38
Patron	30	56
Smirnoff	20	32
Smirnoff red	22	38
Southern comfort	20	32



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Pizza & Pasta

Pizza (woodfired oven)

Focaccia 38

Pizza bread encrusted with garlic & herbs.

Fig & Brie 59

Cre'me fraiche, fig preserve & brie cheese.

Margarita 55

Classic Italian mozzarella with our authentic tomato & herb base.

Regina 79

Italian mozzarella with ham & mushroom.

Jungle 91

Italian mozzarella, avocado, bacon & banana.

Hawaiian 77

Italian mozzarella with ham & pineapple.

Mexicana 88

Italian mozzarella Pepper, onion, ground minced beef & jalapenos.

Gamechanger 91

Italian mozzarella with chicken, mushroom & sundried tomatoes

Artichoke king // V 92

Italian mozzarella mushrooms, olives, artichoke, garlic & asparagus.

Bugs bunny // V 87

Italian mozzarella with roasted vegetables, spinach & feta

Pasta (penne, fettucini, spaghetti.)

Al pesto // V 59

Basil pesto with cherry tomatoes & parmesan cheese.

Mediterranean chilli // V 74

Roasted cherry tomatoes, olives, chilli & rocket. served in a neapolitan sauce.

Con pollo 76

Tender grilled chicken breast with roasted cherry tomatoes & basil pesto.

Alfredo 84

Bacon & mushroom served in a classic Italian style white sauce.

Prawn and Pea 81

Spicy Prawns with salt pepper cream, fresh herbs and olive oil.

Spaghetti Bolognese 75

Traditional style

Extras

Pineapple, sliced tomato, jalapenos, banana, rocket, onion, peppers 9

artichoke, spinach, asparagus, olives, pepperdews, mushrooms, caper, sundried tomatoes, basil pesto 15

Blue cheese, avocado, salami, feta, fig preserve, mozzarella, cheddar, brie 18

chicken, mussels, ham, ground beef, calamari, anchovies, bacon 23



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Oh My Burger

Burgers (famous burgers)

all burgers are served with a portion of skinny or sweet potatoe fries, for banting option go bunless and have a salad instead of fries for the same price.

Babe **92**

Avocado, bacon and mozzarella.

Chilli babe **85**

Bacon, chilli, chorizo and mozzarella.

Prego **85**

Spiced creamy prego sauce topped with an egg.

Shroom **89**

Creamy mushroom sauce

The Bosch vs Bishops burger **69**

Original burger

Cheesy Cheesy **85**

Mozarella and cheddar burger

Fat Boy **130**

A double patty mountain served with bacon, egg, chilli, avocado & cheese

Black Mushroom // V **75**

Black mushroom as the patty, topped with haloumi & drizzled in basil pesto and olive oil.

Herbivore // V **76**

Homemade veggie burger

Cranberry & Brie **90**

Melted brie cheese & lightly spread with cranberry sauce

Salads

All salads have a crisp base of lettuce, tomatoes, cucumber peppers & onions. served with our homemade salad dressing.

Greek **55**

Calamata olives, cucumber, tomato & feta cheese.

Caprese **60**

Cherry tomatoes, basil pesto, baby mozzarella drizzled with a balsamic reduction.

Warm chicken salad **78**

Tender slices of grilled free range chicken fillet, avocado & pecan nuts.

Smoked salmon salad **115**

Curls of salmon strips topped with creme fraiche & capers.

Cobb salad **89**

Tender slices of grilled free range chicken breast, avocado, bacon bits, boiled egg & croutons.

Cajun grilled calamari and chorizo salad **95**

Tender strips of calamari, pan crusted chorizo & avocado topped with a mint dressing.

African tapas **11**

Chili poppers **50**

Soup of the day **45**

Chilli chicken livers **40**

Posh chips (drizzled with truffel oil, parmesan or cajun spice) **40**

Crumbed mushrooms in blue cheese sauce **55**

Beer-battered onion rings **45**



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Mains

Chicken schnitzel

94 // 89

Crumbed chicken breast served with mushroom, cheese or pepper sauce. salad or fries

Crumbed chicken strips

67

Crumbed free range chicken breasts served with a thai sweet chilli sauce. salad or fries

Pork loin ribs

84 // 145

Served with french fries 300g or 600g. salad or fries

Ribs & calamari

114

300g ribs accompanied by 250g calamari. salad or fries

Rump steak

115

Grilled to your specification served with potato wedges & a small salad

Hake fillet

70

Grilled or fried served with lemon butter or garlic sauce. salad or fries

Grilled or Crumbed calamari

80

Calamari tender strips served with our homemade tartar sauce. salad or fries

Grilled hake & prawns

135

Grilled hake served with 4 butterflied prawns in a creamy garlic or lemon butter sauce. salad or fries

Pulled pork

80

Slow roasted pork served on a crispy ciabatta with our homemade asian sauce. salad or fries

Grilled prawns

149 // 185

Lemon butter, garlic or peri peri sauce. 8 or 12

Taco Wrap

A traditional wrap filled with homemade humus and tzatziki, served with wedges.

Calamari

72

Chicken

72

Pulled pork

79

Fresh or Toasted sandwiches

Salmon on rye

79

Toasted steak

65

Cheese & tomato

30

Chicken mayo

38

Ham or bacon & cheese

40

Tuna mayo

42

fries or a salad for an extra R18.....Choose white brown or health bread

Dessert

Lindt chocolate brownie
with ice cream

42

Homemade carrot cake

32

Homemade cheesecake

45

Malva pudding with ice cream

40

Vanilla ice cream with
chocolate sauce

29

Bon Appetit

