

# CAFE MENU

[VIEW SPECIALS](#)

## BREAKFAST SERVED ALL DAY

### Eggs Benedict R109

poached eggs, hollandaise sauce on SOURDOUGH -or- POTATO ROSTI with a choice of:  
BACON -or- MUSHROOM & SPINACH (V) -or- PARMA HAM -or- SMOKED TROUT ( ADD R27)

### Effin' delicious stack R109

spring onion scrambled eggs, brie & avo served on SOURDOUGH -or- POTATO ROSTI with BACON  
-or- SMOKED TROUT ( ADD R27)

### Cafe Croissant R104 (V)

scrambled eggs, feta & peppadews on a toasted croissant

⊕ ADD BACON R28

### Breakfast Wrap R99

scrambled eggs, bacon, cheddar, baby tomatoes, avo & leaves ⊕ ADD PORK BANGERS R29

### Breakfast Bowl R112 (V)

scrambled egg, mushrooms, avo, feta, baby tomatoes & baby spinach served with green tahini sauce

⊕ ADD BACON R28, PORK BANGERS R29

### **Croissants** ⑤

- toasted with jam & our citrus marmalade R59
- toasted with grilled or grated cheddar R65
- toasted with jam, our citrus marmalade and cheddar R76

### **Sofa Fry Up R119**

FRIED -or- SCRAMBLED -or- POACHED eggs with bacon, pork bangers, cooked tomato, mushrooms & sourdough toast  
⊕ ADD AVO R28, POTATO ROSTI R18

### **Farmhouse R119**

2 poached eggs, BACON -or- AVO, tomatoes, caramelised onions, homemade baked beans, mushrooms, potato rosti & sourdough toast

### **Vegan Stack R111**



Naked Leaf BEET & BEAN -OR- MUSH & LENTIL patty, avo, sautéed baby tomatoes & red onion, blanched spinach & vegan basil pesto with sourdough toast

### **Breakfast Bun R79**

bacon, egg & cheddar on a seeded burger roll

### **Halloumi Stack R99** ⑤

fried halloumi, bacon, 1 poached egg, avo & baby tomatoes  
⊕ ADD AN EGG R12, AVO R28, ROSTI R18

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**The Italian Breakfast R99**

2 poached eggs, , parma ham, parmesan shavings, baby tomatoes, basil pesto and balsamic reduction on sourdough

**Flapjack Stack R98 (V)**

flapjacks, blueberries, mascarpone cheese & honey

⊕ ADD BACON R28, BANANA R12

**Brioche French Toast R98 (V)**

with honey, cinnamon sugar, cream, walnuts & a choice of BERRY COMPOTE -or- FRIED BANANA

⊕ ADD BACON R28

**Plate o' Bacon R79**

bacon, served with bacon on a bed of bacon

⊕ PIMP IT R40 (2 pork bangers & melted cheddar)

⊕ BANANA R12

**Captains Bounty Bowl R76** 

cocoa, banana, coconut, dates, chia seeds, coconut milk, peanut butter

**Tropical Smoothie Bowl R82 (V)**

Banana, pineapple, papaya, coconut milk & honey base, topped with red sofa muesli, desiccated coconut and fresh fruit

**Muesli & yoghurt R65 (V)**

DOUBLE CREAM YOGURT -or- COCONUT YOGHURT (ADD R40) with home-made muesli & honey

⊕ ADD SEASONAL FRUIT R25

### **Parmesan Omelette R109** (V)

two egg omelette with parmesan, mozzarella, pan fried mushrooms & blanched spinach with Sourdough toast

⊕ ADD EGG PORTION R12

### **Good ol' fav Omelette R99**

two egg omelette with bacon, cheddar cheese, mushrooms & spring onions with Sourdough toast

⊕ ADD EGG PORTION R12

### **B.Y.O Omelette R50** (V)

two egg omelette, served with SOURDOUGH -or- POTATO ROSTI and your choice of fillings:

### **B.Y.O Breakfast R50** (V)

FRIED -or- SCRAMBLED -or- POACHED eggs served with SOURDOUGH -or- POTATO ROSTI and choice of fillings:

#### **FILLING**

spring onion R10, banana R12, tomato R11, peppadew R13, blanched spinach R20, mushrooms R27, avo R28, feta R18, cheddar R16, mozzarella R16, goats cheese R28, brie R27, halloumi R32, bacon R28, pork banger R29, extra egg R12, smoked trout R42, potato rosti R18, onion R8

## **LUNCH**

### **WRAP OR SALAD?**

### **Spiced Chicken & Avo R99**

chicken, avo, baby tomatoes, feta, carrot, hummus (wrap)/feta (salad), home-made harissa mayo & leaves

## LUNCH

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chicken, avo, baby tomatoes, feta, carrot, hummus (wrap)/feta (salad), home-made harissa mayo & leaves

#### **Smoked Trout & Avo R110**

smoked trout, red cabbage, carrot, leaves, yoghurt, avo & black sesame seeds

#### **Roasted Veg R82 (V)**

seasonal roasted veg, danish feta, leaves, hummus, tomatoes & tossed pumpkin seeds

#### **Modern Caesar R109**

cos lettuce, freshly grilled chicken breast, croutons & a boiled egg tossed in a traditional caesar dressing finished with a sprinkle of parmesan cheese

⊕ ADD BACON BITS R20, AVO R25

#### **Smoked Chicken Salad R99**

(SALAD ONLY)

with roast red pepper, tomato, cucumber, avo & danish feta on a bed of fresh leaves

#### **Quinoa Salad R92 (V)**

(SALAD ONLY)

basil tossed quinoa & roasted beetroot, feta, avo, flaked almonds & mint with tahini lemon dressing

**Butternut, Beet & Pear Salad R92 (V)**

(SALAD ONLY)

roasted butternut & beets, caramelised red onion, baby spinach, pear, avo, walnuts, goats cheese & balsamic glaze

**Super Duper Green Salad R99 (V)**

(SALAD ONLY)

broccoli, peas, avo, cucumber, danish feta, cranberries, walnuts & micro herbs served on a bed of baby spinach with a lemon yoghurt dressing

**BYO salad**

choose a base: LEAVES R20 -or- QUINOA R33 served with tahini lemon dressing

⊕FILLING

pan fried chicken R35, spicy chicken R35, halloumi R32, bacon bits R20, smoked trout R42, roast veg R26, avo R28, poached egg R12, danish feta R18, goats cheese R28, brie R27,

⊕TOPPINGS

spring onion R10, baby tomatoes R15, cucumber R10, carrots R5, pumpkin seeds R10, parmesan R15, flaked almonds R18, onion crisps R5, vegan/traditional basil pesto R26, croutons R10, red onion R8

**SANDWICHES**

**Classic Chicken Mayo & Avo R79**

shredded chicken breast, homemade mayo, avo, wholegrain mustard on a toasted ciabatta

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**Mediterranean Roast Veg R83**

roasted brinjal & red pepper, hummus, feta, avo, homemade basil pesto on a toasted ciabatta

**Something Cheezy R85** 

cheddar, mozzarella, roasted baby tomatoes & basil pesto on a toasted ciabatta

**B.L.A.T. R79**

bacon, lettuce, smashed avo & tomatoes on a toasted ciabatta

**Avo on Toast R60**

Smashed avo, lemon, salt & pepper on a slice of sourdough toast, served with hummus & topped with pickled red onions

⊕ ADD AN EGG THE WAY YOU LIKE IT R12

⊕ ADD THYME MUSHROOMS R27

⊕ ADD BACON R28

⊕ ADD SMOKED TROUT R42

**Toasties**

– the ultimate cheese(s) & tomato R49 

– cheese(s) & bacon R55

– bacon & eggs R58

– spicy chicken mayo & tomato R59

⊕ ADD A PORTION OF FRIES/SWEET POTATO FRIES R30

**BURGERS** served with fries

**Cheese Burger R120**

150g Pasture reared beef patty, cheddar, gherkins, tomato & lettuce

⊕ ADD BACON R25

**Grilled Cajun Chicken Burger R120**

pasture raised chicken fillet, onion crisps, goats cheese, tomato, harissa & lettuce

**The Schnitz R120**

lightly crumbed pasture raised chicken fillet, tomato, lettuce, gherkin & slaw/lettuce

**Naked Leaf Burger R127**



Naked Leaf BEET & BEAN -OR- MUSH & LENTIL patty, lettuce, avo, gherkins & tomato

**Halloumi Burger R126** ⑤

grilled halloumi, hummus, roasted brinjal & red pepper, baby spinach, avo & harissa yoghurt

**DRINKS** all our coffees come with a double shot

**Coffee etc**

short black R23, Long black / cortado R28

cappuccino / flat white R30/ latte R35

mocha / chai latte R40

hot chocolate R39 / Gilbert's hot toddy R40 (add a shot of whiskey R46)

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hot chocolate R39 / Gilbert's hot toddy R40 (add a shot of whiskey R46)

red cappuccino / red latte R40

Iced latte R37 / iced chai R42 / dirty chai latte R47

Almond milk / oat milk R12

**Enmasse Teas Selection** ask us about our array of blends R30

### **Cold Pressed Fresh Juices** add an extra ginger shot for R18

VEG beetroot, carrot, apple & ginger R50

FRESH apple, pear, mint & lemon R50

CARROT carrot, orange, turmeric & ginger R50

GREEN cucumber, spinach, apple, mint & lemon R50

ORANGE freshly squeezed orange juice R49

BEFORE SUNRISE grapefruit, strawberry, ginger, orange & mint R55

HOLA SANGRIA orange, lime, pineapple, apple, blueberry & mint R58

HAWAIIAN SUNSET pineapple, apple, carrots & ginger R55

### **Ginger Shots R26**

### **Cold Drinks**

coke / coke zero R29 / tonic, dry lemon, lemonade & soda R25

appletiser / grapetiser R32

iced tea jam jar R39 / B2 iced antioxidant

CORDIALS: passion fruit, lime, kola tonic double shot R20

ROCK SHANDY 1 can soda & 1 can lemonade topped with bitters R62

Assorted Kombucha flavours R40

### **Smoothies R57**

BANANABERRY banana , berries, yoghurt & honey

GINGERBERRY Berries, oats, yoghurt, ginger, honey & mint

POWERNUT peanut butter, banana, honey, whey powder, peanuts & almond milk

PURPLE RAIN  peanut butter, dates, cinnamon, chia seeds, banana, blueberries & almond milk

### **Smoothies R54**

ICE CREAM COFFEE MILKSHAKE espresso shot & ice cream

CHOC BROWNIE MILKSHAKE homemade brownies & ice cream

### **OTHER KIND OF DRINKS**

served from 11am on site only

Alcohol will not be sold to anyone under the age of 18 years

**Beer and cider**

Woodstock Brewery happy pills (pilsner) draft R50/ half draft / R35

Castle lite bottle R35

Hunters dry / Savanna R39

**Vino**

Corkage R50 per 750ml bottle

House white & red by the glass R42 / bottle R135

Iona Sophie Rose by the glass R50 / bottle R190

Pierre Jourdan Tranquille R190

Haute Cabriere Chardonnay Pinot Noir R250

Fairbridge Chenin R200 / Fairbridge Red Blend R200 La Motte Millennium R250

**Spirits & Cocktails**

Jamesons R46 / Vodka R38 / Tanqueray Gin R40 / Tequila R45 / Jagermeister R45

STRAWBERRY ROSE gin, pink tonic, cucumber & strawberries R70

STRAWBERRY GREEN GARDEN gin, tonic, cucumber, lemon & mint R70

RED MARY vodka, tomato cocktail, spices, lemon & a crispy bacon swizzle R72

**HONEY BEE HEROES R2**

Supporting ethical beekeeping and conservation of bees while promoting the use of eco- and health-minded food choices and advocating for the reevaluation of locally produced foods against cheap imports