

BREAKFAST

THE EXPRESS - R35.95

ONE EGG, TWO RASHES OF BACON, TOMATO AND TWO SLICES OF TOAST

THE WAFFLE STACK - R69.95

WAFFLE, LAYERED WITH GREEK YOGHURT, FRESH FRUIT, TOPPED WITH CRUNCHY MUESLI AND HONEY

HEALTH NUT - R59.95

FRESH SEASONAL FRUIT SALAD, GREEK YOGHURT AND MUESLI

CREAMY OATS - R39.95

WITH FRESH STRAWBERRIES AND BANANA FINISHED OFF WITH A DRIZZLE OF HONEY

FRENCH TOAST - R49.95

WITH CARAMELISED CINNAMON BANANAS AND MAPLE SYRUP

SANDTONIAN - R69.95

2 EGGS, 2 RASHES BACON, 2 SAUSAGES (BEEF OR PORK), MUSHROOMS, GRILLED TOMATO AND TOAST

EGGS BENEDICT

CLASSIC - R69.95

TWO POACHED EGGS SERVED ON ENGLISH MUFFINS, WITH HAM, SMOTHERED IN A HOLLANDAISE SAUCE

THE SSHROOM - R69.95

WITH MUSHROOM, SMOTHERED IN HOLLANDAISE SAUCE

ROYAL - R109.95

WITH SMOKED SALMON AND SMOTHERED IN A HOLLANDAISE SAUCE

3 EGG OMELETTE - R29.95

THREE EGG OMELETTE OR THREE EGG WHITE OMELETTE, SERVED WITH TOAST

SANWHICHES

CHICKEN MAYO - R69.95

CHICKEN, MAYO, GHERKINS, MOZZARELLA

LAZIO - R79.95

SMOKED CHICKEN, BACON, AVOCADO, TOMATO, ROCKET, HUMUS AND FRESH BASIL

CHICKEN PREGO - R79.95

CHICKEN BREAST PERI-PERI SAUCE AND SUN BLUSHED TOMATO

PREGO (BEST ON A CIABATTA) - R79.95

SPICY RUMP WITH SUN BLUSHED TOMATO, CARAMELIZED ONIONS

NORWEGIAN - R99.95

SMOKED SALMON, CHUNKY COTTAGE CHEESE, AVOCADO AND CHIVES

SURFER'S CLUB - R79.95

SMOKED CHICKEN, BACON, TOMATO, GHERKINS, ROCKET, EGG AND MAYO

STARTERS

FOCACCIA - R35.95

ITALIAN BREAD SERVED WITH HERBS AND GARLIC, TOMATO AND FRESH BASIL

HALOUMI - R69.95

4 HALOUMI FINGERS GRILLED OR FRIED AND SERVED WITH AVOCADO, LEMON WEDGES AND DIPPING SAUCE

MUSSEL POT - R69.95

8 MUSSELS IN A PARSLEY AND GARLIC CREAMY WHITE WINE SAUCE

PERRI LIVERS - R59.95

CHICKEN LIVERS SAUTEED WITH RED ONIONS, CRUSHED WHOLE PEELED TOMATO, SERVED HOT OR PLAIN

WITH OPTIONS OF:

BACON, HAM, CHORIZO, SMOKED SALMON, CHEESE, MUSHROOMS, TOMATO OR ONION

SEAFOOD

FISH AND CHIPS - R89.95

BEER BATTERED HAKE AND CURLY FRIES
SERVED WITH HOMEMADE TARTAR SAUCE

PRAWN NAZIONALE - R139.95

10 GRILLED QUEEN PRAWNS IN A SPICY
SAUCE SERVED WITH CURLY FRIES OR RICE

CALAMARI (200G) - R139.95

GRILLED CALAMARI IN A CREAMY LEMON
GARLIC AND PARSLEY SAUCE, SERVED WITH
CURLY FRIES OR RICE

LANDFOOD

FILLET - R139.95

300G OF BEEF FILLET WITH A CAFÉ DE PARIS
BUTTER, CURLY FRIES AND CHIMICHURRI ON
THE SIDE

RUMP - R119.95

300G RUMP WITH A CAFÉ DE PARIS BUTTER,
CURLY FRIES AND CHIMICHURRI ON THE SIDE

STEAK EGG & CHIPS - R105.95

200G PREGO STYLE RUMP STEAK, SPICY
PREGO SAUCE, 1 EGGS AND CURLY FRIES

BABY CHICKEN - R119.95

GRILLED IN A CHOICE OF LEMON AND HERB
OR PERI-PERI SERVED WITH CURLY FRIES

STICKY PORK RIBS - R139.95

ONE RACK WITH OUR FAMOUS CURLY FRIES

PIZZA

MARGARITA - R59.95

ITALIAN STYLE, WITH CHERRY TOMATOES

PIZZA

HAWAIIAN - R69.95

CONTINENTAL HAM AND SWEET GLAZED
PINEAPPLES

REGINA - R79.95

CONTINENTAL HAM AND MUSHROOMS

VEGETABLE PATCH - R89.95

MIXED GRILLED VEGETABLES, MUSHROOMS
AND OLIVES

QUATTRO STAGIONI - R89.95

CALAMATA OLIVES, CONTINENTAL HAM,
MUSHROOMS AND ARTICHOKE

MAFIA - R69.95

SALAMI MILANO, ANCHOVIES, OLIVES,
ONIONS AND CHILI

SWEET THAI - R89.95

CHICKEN STRIPS, BRINJALS, TOMATO, RED
ONIONS AND SWEET THAI CHILI

AMIGO - R89.95

BOLOGNAISE, CHILI, GARLIC, ROASTED
PEPPERS AND ONIONS

MISS PIGGY - R99.95

PORTUGUESE SAUSAGE, BACON AND SALAMI

PIAZZA - R95.95

BACON AND AVOCADO AND FETA

GALLINA - R95.95

GRILLED CHICKEN, MUSHROOMS, AVOCADO
AND ROCKET

CLARA BELLA - R110.95

PROSCIUTTO (PARMA STYLE HAM), ROCKET,
PARMESAN SHAVINGS AND BALSAMIC GLAZE

BURGERS

THE SALT YARD - R69.95

BURGER SMOTHERED WITH OUR BBQ AND SECRET SAUCE

CHEESE BURGER - R79.95

BURGER FILLED AND TOPPED WITH CHEESE, SMOTHERED WITH OUR BBQ AND SECRET SAUCE

MUSHROOM - R89.95

BURGER TOPPED WITH CRUMBED BROWN MUSHROOM A SMOTHERED WITH OUR BBQ AND SECRET SAUCE

FIG & GOATS CHEESE - R95.95

BURGER TOPPED WITH BACON, FIG, GOATS CHEESE AND ONION MARMALADE

JALAPENO - R95.95

BEEF BURGER, JALAPENO AND BLUE CHEESE SAUCE

DAGWOOD - R99.95

BEEF BURGER TOPPED WITH CHEESE, HAM, EGG SITTING BETWEEN A TOASTED CHEESE SMOTHERED IN OUR BBQ AND SECRET SAUCE

SSHROOM BURGER - R74.95

CRUMBED & DEEP FRIED BROWN MUSHROOM, GUACAMOLE, LETTUCE AND TOMATO

JUNIORS

TOASTED CHEESE & FRIES R39.95

BURGER & CURLY FRIES R59.95

CRUMB CHICKEN STRIPS & CURLY FRIES R45.95

SPAGHETTI BOLOGNAISE R49.95

SALADS

GOAT'S CHEESE - R89.95

GOATS CHEESE WITH PRESERVED FIGS, TOASTED SEEDS AND ROSA TOMATOES

CHICKEN - R89.95

CHICKEN STRIPS, ROSA TOMATOES, CUCUMBER AND AVOCADO

THE DELLA - R79.95

ROSA TOMATOES, CUCUMBER, MIX SEEDS AND NUTS, AVOCADO AND PARMESAN SHAVINGS

CALAMARI - R89.95

GRILLED CALAMARI, HALOUMI, PEPPADEWS TM AND SUN BLUSHED TOMATOES

THE GREEK - R89.95

ROSA TOMATOES, CUCUMBER, OLIVES AND FETA CHEESE

PASTA

SNOB - R89.95

CHICKEN STRIPS, IN A GARLIC CREAM SAUCE, FINISHED OFF WITH AVOCADO AND ROCKET

BOLOGNAISE - R89.95

BEEF MINCE IN A NAPOLI SAUCE WITH SLICED MUSHROOMS SERVED WITH GRATED PARMESAN

ARABIATTA - R69.95

NAPOLI SAUCE WITH A HINT OF FRESH CHILLI SERVED WITH GRATED PARMESAN

SIDES/SAUCES

MIXED VEGGIES
PERI - PERI
SHROOM SAUCE

PEPPER SAUCE
SAVOURY RICE
CURLY FRIES

THE SALT YARD COCKTAILS

SHORT

CAIPIRINHIA - R39.95

CHAMAREL GOLD RHUM AGRICOLE, LIMES AND SUGAR SMASHED TOGETHER CAPPED WITH CRUSHED ICE

CHOICE OF CLASSIC - MANGO - STRAWBERRY OR GREEN APPLE

CANDYFLOSS MARTINI - R49.95

NETTARI VANILLA AND ABSOLUT VANILLA SHAKEN GOLD WITH FRESH LEMON JUICE AND PINEAPPLE SERVED WITH A PUFF OF CANDYFLOSS

BUMBLE BEE - R46.95

NETTARI MANGO AND 100% TEQUILA SHAKEN WITH LIME JUICE AND MARMALADE JAM RIMMED WITH BLACK SEA SALT

TALL

LONG ISLAND - R49.95

FOUR WHITE SPIRITS AND TRIPLE SEC POURED TALL WITH COLA TWISTED WITH LEMON

MOWBRAY FLOAT - R55.95

A COKE WITH A FRESH TWIST OF LIME AND BALANCED WITH MALIBU- TRY IT MY BRU..

BELLVILLE FLOAT - R45.95

A COKE WITH A BOTTLE OF BRANDY

PHIL'S SODA FLOAT - R55.95

CLUB SODA SERVED WITH A DOUBLE SHOT OF J & B

PAY BACK THE MANGO - R48.95

PREMIUM VODKA AND NETTARI MANGO POURED TALL WITH GINGER BEER AND AROMATIC BITTERS SPICED WITH FRESH LIME SERVED MUG STYLE

SWEDISH HOUSE MAFIA MULE - R56.95

ABSOLUT RASPBERRY, NETTARI STRAWBERRY, FRESH LIME AND AROMATIC CARDAMOM BITTERS TOPPED WITH GINGER BEER

BACK TO THE YARD - R59.95

CHAMAREL GOLD RHUM, NETTARI CARAMEL, STROH RUM, OLMECA TEQUILA, ANGOSTURA AROMATIC BITTERS AND COLA

FROZEN

CLOCKWORK APRICOT - R45.95

PREMIUM GIN AND NETTARI APRICOT SPUN FROZEN WITH FRESH ORANGE AND LEMON SERVED MUG STYLE WITH A DASH OF AROMATIC BITTERS

CHOCOLATE MILKTART - R46.95

THE LIQUID BAKERY'S MILKTART VODKA, ICE CREAM AND MILK SPUN FROZEN WITH A SPOON FULL OF CACAO

SALT OF THE EARTH - R55.95

OLMECA TEQUILA AND NETTARI APPLTINI SPUN FROZEN WITH FRESH LIME AND PINEAPPLE JUICE SERVED WITH FLAKED THYME SALT MUG STYLE

WICKED PINA COLADA - R59.95

CHAMAREL GOLDEN RHUM AGRICOLE SPUN FROZEN WITH NETTARI PINA COLADA MIX AND CREAM SERVED MUG STYLE WITH ROASTED COCONUT AND A TINCTURE OF TEQUILA ON THE SIDE

AMA-ZING STRAWBERRY DAIQUIRI - R55.95

HAVANA ANEJO ANOS 3 RUM SPUN FROZEN WITH NETTARI STRAWBERRY AND A HINT OF LIME SERVED MUG STYLE