



OUR MENU

TO EAT

Sandwiches

Ham & White Cheddar – Panini	R38,00
Cheese & Basil Pesto Mayo – Panini	R36,50
Smoked Chicken on Rye Bread	R32,50
Toasted Chicken & Mustard Mayo on Health Bread	R33,00

Wraps

Beef Wrap	R45,50
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Croissants

Plain Croissant	R24,00
Cheese & Salami Croissant	R34,00
Chocolate Croissant	R26,00

Quiches

Bacon, Tomato & Basil	R29,50
Spinach, Feta & Sun Dried Tomatoes	R26,50

Soups (winter)

Butternut Soup	R35,00
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Salads

Cous-Cous & Butternut Salad	R40,00
Sticky Chicken Salad	R42,00
Bulgur Wheat and Curried Lentil Salad	R42,00

Yoghurt & Muesli

	R27,50
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Muffins

Chocolate, Health, Blueberry, Red Velvet	R23,00
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TO DRINK

Coffee

	Short	Tall	*SUPER*
Filter Coffee	R14,50	R18,50	R25,50
Cappuccino	R19,50	R26,00	R32,00
Mochaccino	R22,00	R27,50	R34,50
Latté		R25,50	R31,50
Americano	R16,00	R20,50	R27,00
Decaf Drinks Add	R1,00	R1,00	R1,00

Espresso

	Single	Double	
	R 14,50	R19,50	

Tea

	Short	Tall	*SUPER*
English Breakfast, Rooibos, Camomile, Earl Grey, Five Roses, Green Tea.		R15,50	R20,00

Other Hot Drinks

Hot Chocolate	R21,00	R26,50	R32,00
White Hot Chocolate	R21,00	R26,50	R32,00
Milo	R21,00	R26,50	R32,00
Chai latté	R21,00	R26,50	R32,00

Iced Latté 350ml	R23,50		
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Smoothies

	Fruit	+Dairy	
Mixed Berry, Mango & Banana, Peach Bum	R33,00	R35,00	

100% Fruit Juices (Sir Juice)

	R23,50		
Apple, Orange, Mango, Strawberry			

Milkshakes

	R33,00		
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