



BALATA (buh-lah-tuh, bal-uh-tuh) - The non-elastic, rubberlike, water-resistant gum that softens in hot water and is obtained from the latex of a tropical American tree, *Manilkara bidentata*: used chiefly in the manufacture of machinery belts, golf ball covers, and as a substitute for gutta percha.

A LITTLE HISTORY

Mike Austin sets world record with Balata ball

For years Austin was well known by professional golfers for his length off the tee. But it was one drive in 1974 that secured his name in history. While playing in the U.S. National Seniors Tournament, at the Winterwood Golf Course (now the Desert Rose) Austin was put in a foursome with PGA Champion Chandler Harper. After hitting several 400-yard drives, Chandler said, "Mike, let's see you really let one go." Austin drove the ball on 450-yard par 4. It carried to the edge of the green, bounced over and rolled past the pin and off the back edge. In a 2003 interview, Chandler said he found a ball on the next tee box and called to Austin, "This is impossible, but there is a ball over here." They identified the ball as Austin's and stepped off the distance back to the center of the green. The drive was 515 yards. As of 2009, the record still stands for the longest drive in a golf tournament.

Several factors make this record feat especially amazing, although there was a tail wind estimated at 27-35 mph. The drive was done on level ground, using a persimmon wood driver with 10 degrees of loft and a 43.5 extra-stiff steel shaft, the ball was a soft balata and Mike Austin was 64 years old. The improved technology of today should achieve far greater distances in the same conditions

BALATA A LA CARTE MENU

Entrées

Prawn Bisque R130.00

Grilled Seafood, Tomato Concasse, Red Pepper Rouille

Beef Duo R125.00

Beef Fillet Tartar, Spiced Cured Sirloin, Pickles, Parmesan Cream, Mustard Aioli, Micro Greens

Tuna Niçoise R140.00

Seared Tuna, Baby Gem Lettuce, Heirloom Tomato, Crispy Anchovy, Olive Crumble, Lime Aioli

Buffalo Mozzarella R110.00

Slow Roast Tomato, Buffalo Mozzarella, Crispy Parmesan, Wild Rocket, Basil Pesto, Balsamic Reduction, Maldon Salt, Extra Virgin Olive Oil

South-African Harvest R165.00

Biltong, Dry Wors, Salted Mixed Nuts, Pretzels, Olives, Dried Fruits

Cultivated Oysters SQ

Cultivated Oysters Served with Tigers Milk

Salads

Cobb Salad R135.00

Marinated Chicken, Crispy Bacon, Boiled Egg, Avocado, Tomato, Cos Lettuce, Shallot Dressing

Mediterranean Lamb Salad R185.00

Sumac Smoked Leg of Lamb, Mixed Lettuce, Tomato, Cucumber, Parmesan, Avocado, Honey & Orange Dressing



Vegetarian



Spicy



Fish



Pork

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 Garden Salad R80.00

Shaved Baby Vegetables, Tomato, Cucumber, Parmesan, Mixed Lettuce,
Lime Dressing

 Greek Salad R90.00

Tomato, Cucumber, Kalamata Olives, Feta, Mixed Lettuce, Greek Dressing

 Caesar Salad R85.00

Butter Lettuce, Parmesan Shavings, Boiled Egg, Bacon, Croutons, Caesar
Dressing

On The Grill

(Served With Chips, Onion Rings & Char-Grilled Plum Tomato)

Beef Fillet 250g R260.00

Ribeye 250g R240.00

Sirloin 250g R200.00

Baby Chicken 1kg R265.00

Balata Chesa Nyama R 275.00

Boerewors, Lamb Chops, Chicken Leg Quarter, Deep Fried Pap, Chakalaka

Sides

Seasonal Mixed Veg R50.00

Chips R45.00

Side Salad R40.00

Sauces

Mushroom Sauce R45.00

Pepper Sauce R45.00



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Main Course

Balata Lamb Curry *R260.00*

Served With Basmati Rice, Sambals & Poppadum's



Chicken & Prawn Curry *R225.00*

(Vegetarian Option Available)

Served With Basmati Rice, Sambals & Poppadum's

Red Wine & Rosemary Braised Oxtail *R235.00*

Served With Basmati Rice, Tomato Concasse & Herb Salad



Seafood Basket *R190.00*

(Served With Chips & Tartar Sauce)

Battered Hake, Squid, Prawns, Crab Bites, Scallop Nuggets

Beef Fillet Rossini *R310.00*

Beef Fillet Glazed with Butter and Rosemary, Pommes Anna, Baby Spinach,
Mushroom Duxelles



Pan Fried Seabass *R260.00*

Cauliflower Puree, Tomato Chutney, Reduced Coconut, Tender Stem
Broccoli



Slow Roasted Pork Belly *R265.00*

Dry Rubbed Pork Belly, Smoked Potato Croquet's, Sultana & Apple Puree,
Seasonal Baby Vegetables, Pickled Apple, Mustard Jus

Pastas & Risotto

Chicken Penne *R135.00*

Grilled Chicken Breasts, Penne, Napolitana Sauce, Parmesan Shavings,
Rocket



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 Seafood Linguine R185.00

Prawns, Mussels, Seabass, Linguine, White Wine Cream, Parmesan Shavings, Seaweed

 Mushroom Risotto R190.00

Wild Mushrooms, Arborio Rice, Parmesan Shavings, White Truffle Oil

Burgers & Sandwiches

(Served With Chips & Onion Rings)

Balata Beef Burger R125.00

Flame Grilled Beef, Cheddar Cheese, Sesame Bun, Lettuce, Tomato, Gherkins

Balata Double Beef Burger R175.00

Flame Grilled Beef, Cheddar Cheese, Sesame Bun, Lettuce, Tomato, Gherkins

Balata Chicken Burger R115.00

Flame Grilled Chicken Breast, Cheddar Cheese, Sesame Bun, Lettuce, Tomato, Gherkins

 Southern Fried Chicken Wrap R130.00

 *(Vegetarian Option Available)*

Southern Fried Chicken, Tomato, Pineapple, Cheddar Cheese, Mixed Lettuce, Peri-Peri Mayo

Toasted Sandwiches R100.00

(Served On Your Choice of Bread)

(Select Up To 3 Fillings)

Chicken Mayo, Tuna Mayo, Hickory Ham , Cheddar Cheese, Tomato, Bacon , Egg



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Dessert

Wild Berry & Almond Frangipane *R100.00*

White Chocolate Mousse, Macerated Berries, Crispy Pears, Burnt Honey Ice Cream

Chocolate Torte *R110.00*

Short Bread Crumble, Nougat, Chocolate Cream, Raspberry Ice Cream

Passion Fruit & Yogurt Panna Cotta *R100.00*

Ginger Crumble, White Chocolate Ganache, Whipped Mascarpone, Mango Sorbet

Cheese Platter *R120.00*

Selection Of Local and International Cheeses, Home-Made Preserves, Crackers



Vegetarian



Spicy



Fish



Pork